

## INOVA BEHAVIORAL HEALTH SERVICES

It is your

# RIGHT

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- TO BE TREATED WITH DIGNITY AND RESPECT
- TO BE TOLD ABOUT YOUR TREATMENT
- TO HAVE A SAY IN YOUR TREATMENT
- TO SPEAK TO OTHERS IN PRIVATE
- TO HAVE YOUR COMPLAINTS RESOLVED
- TO SAY WHAT YOU PREFER
- TO ASK QUESTIONS AND BE TOLD ABOUT YOUR RIGHTS
- TO GET HELP WITH YOUR RIGHTS

If you have questions or need help, see the program contact person or the Human Rights Advocate:

Es su

# Derecho

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- SER TRATADO CON DIGNIDAD Y RESPECTO
- ESTAR INFORMADO SOBRE SU TRATAMIENTO
- OPINAR SOBRE SU TRATAMIENTO
- HABLAR CON OTRAS PERSONAS EN PRIVADO
- QUE SUS QUEJAS SEAN ATENDIDAS
- EXPRESAR SUS PREFERENCIAS
- PREGUNTAR Y CONOCER SUS DERECHOS
- RECIBIR AYUDA EN LA EJECUCION DE SUS DERECHOS

Si tiene preguntas o necesita ayuda, llame a su representante:

### Contact Person:

Robin Shultz, LCSW  
Senior Director  
Inova Behavioral Health Adult Ambulatory Services  
703.289-4982  
[Robin.Shultz@Inova.org](mailto:Robin.Shultz@Inova.org)

Paula Gaudino  
Director  
Inova Behavioral Health Access Services  
571.623.3501  
[Maria.Gaudino@Inova.org](mailto:Maria.Gaudino@Inova.org)

### Human Rights Northern Virginia Regional Advocate:

DBHDS Office of Human Rights  
1-877-600-7437 (Toll Free Number)

## PATIENT RIGHTS

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1. Retain his/her legal rights as provided by state and federal law
2. Receive prompt evaluation and treatment or training about which he/she is informed insofar as he/she is capable of understanding
3. Be treated with dignity as a human being and be free from abuse or neglect
4. Not be the subject of experimental or investigational research without his/her prior written and informed consent or that of his/her legally authorized representative
5. Be afforded an opportunity to have access to consultation with a private physician at his/her own expense, and in the case of hazardous treatment or irreversible surgical procedures have, upon request, an impartial review prior to implementation, except in case of emergency procedures required for the preservation of his/her health
6. Be treated under the least restrictive conditions consistent with his/her condition and not be subjected to unnecessary physical restraint or isolation
7. Be allowed to send and receive sealed letter mail
8. Have access to his/her medical records and be assured of their confidentiality; but notwithstanding other provisions of law, such right shall be limited to access consistent with his/her condition and sound therapeutic treatment
9. Have the right to an impartial review of alleged, or possible violations of the rights assured under his/her section and the right to access to legal counsel
10. Have the opportunity to participate in the treatment plan