

Occupational Health Services

Inova's occupational health team provides workplace health services to thousands of employers throughout the Washington, DC, region. With more than a dozen locations, Inova's occupational health physicians and providers provide quality healthcare services to thousands of employees every year. Our mission is to ensure your employees are ready and able to work safely and effectively.

PHYSICAL EXAMINATIONS

A variety of physical examinations with appropriate testing, tailored to meet the employer's needs.

Service	Description	Timing/Frequency
Pre-Employment/Periodic Exam	Evaluates employee's ability to safely perform job functions	As needed
Deployment Exam	Evaluates employee's ability to safely perform job functions	As needed
DOT/CDL Examination	Medical determination for operating commercial vehicles	As needed to maintain certification
OSHA/Surveillance Examinations	Includes hazmat exams and complies with specific regulatory standards	Baseline/periodic
Respiratory Medical Clearance	Evaluates ability to wear respirator (includes questionnaire review)	Annual/periodic/as needed
Return to Work Evaluations	Evaluates ability to return to work duties after an absence	As needed
Fitness for Duty Examinations	Evaluates employee's ability to perform essential job functions including a review of pertinent medical records	As needed

SUBSTANCE ABUSE TESTING

A variety of options are available to help maintain a safe, productive and drug-free workplace. All substance abuse testing is performed in accordance with the highest industry standards and includes an official MRO review.

Service	Description	Timing/Frequency
Non-Regulated Urine Testing	5- or 10-panel screening	Postoffer, random, reasonable suspicion, postaccident, follow up
DOT Urine Testing	5-panel screening	Postoffer, random, reasonable suspicion, postaccident, followup
Rapid Urine Testing	5- or 10-panel screening with rapid results	Postoffer, random, reasonable suspicion, postaccident, follow up
Breath Alcohol Testing	Testing for the presence of alcohol	Postoffer, random, reasonable suspicion, postaccident, follow up
Random Drug Screening	Random pool	As needed

WORK-RELATED INJURY

Our physicians and providers understand the importance of returning employees to work quickly and safely after injury or illness by identifying and appropriately recommending temporary work restrictions. Studies have shown that the sooner injured employees return to work, the sooner they will recover and be able to return to their regular work status.

24-Hour Care	After-hours access at Inova emergency rooms in Fairfax and Reston available 7 days a week, 24 hours a day
Organization/Communication	Team approach focused on providing employers with timely information on employee status
Support Services	Single electronic medical records system throughout all locations, physician referrals, physical therapy clinics

ADDITIONAL TESTING

From healthcare workers to drivers, to movers, to municipality employees, Inova offers testing and additional services to provide a safe and healthy workplace environment that meets all regulatory requirements.

Service	Description	Timing/Frequency
Hearing Tests	Evaluates workplace hearing loss following regulations in line with the OSHA's hearing program standards	Baseline, annual
Respiratory Fit Testing	Verifies proper fitting of an employee's N-95 respirator (painters, healthcare and hazardous material workers)	Baseline, annual
Flu Shots	Protects essential and high-risk workers from influenza and its complications	Annual
Hepatitis B Vaccines	Is recommended for employees handling infectious materials (healthcare, plumbers)	As needed: Heplisav-B® (series of 2) or Engerix-B (series of 3)
Lab/Blood Tests	Offers tests to meet any employer's needs	Baseline, periodic
TB Testing	Is essential for employer's tuberculosis protection plan	As needed
Tetanus/TDAP Vaccinations	Provides booster vaccinations for at-risk employees	Per CDC guidelines
Cardiac Stress Testing	Evaluates how the heart works during physical activity/stress	Baseline, periodic or as needed
Vision Testing	Checks visual acuity, color vision, peripheral vision and depth perception	Baseline, periodic
X-ray	Offers X-rays available in all locations with real-time readings	As needed

ADDITIONAL SERVICES AND INFORMATION

Inova understands the importance of occupational health services. Our program helps optimize employee wellbeing and improves safety. Inova is Northern Virginia's leading nonprofit healthcare system. Our comprehensive services and expert professionals make us ideally equipped to exceed the healthcare needs of today's diverse workplace. Take advantage of our online scheduling capabilities, as well as online posted wait times for all of our urgent care centers. Inova's breadth and depth of services also includes onsite clinic capabilities, employee assistance programs, executive health programs and a robust wellness program.

To learn more about Inova's occupational health services, visit inova.org/occupationalhealth or contact Marina Manarin at 703.246.8824 or marina.manarin@inova.org.